

Family Drop In Rules

1. For children **12 years and younger**
2. Parent(s) must be **on the floor** with the child(ren)
3. ***Absolutely NO flips*** – competitive athletes must respect this rule as well
4. No use of Competitive equipment except white floor
5. No street clothes (e.g. jeans, belts) or jewelry
6. No food or drinks in gym
7. Only one person at a time on trampolines
8. Feet first landings only – including in the pit
9. The gym is open. All other rooms and upstairs areas are closed
10. Please respect other participants and the equipment

****We reserve the right to ask you to leave if you are not respecting the rules, coaches and/or facility.**