



FALL 2024 SESSION

Classes run from September 7th to December 20th

Times & classes are subject to change based on registration



Facebook.com/Capital-City-Gymnastics-Centre



@CapCityGym



780-469-0662



4130 101st NW Edmonton, AB

Monday (12 Weeks) 45-Minute class: \$207 1-hour class: \$276 1.5-hour class: \$414 2-hour class: \$552	Tuesday - Sunday (15 Weeks) 45-Minute class: \$258.75 1-hour class: \$345 1.5-hour class: \$517.50 2-hour class: \$690	AGF Insurance (July 1-June 30) *Not included in fees* All classes: \$55
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Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Preschool Drop In		10-11:30					
Family Drop In							3-4:30
Teen/Adult Drop In	8-9:30			8-9:30			
Tumble Bugs <i>Ages 12-24months</i>	9:30-10:15	12-12:45					
Parent & Tot <i>Ages 2-3years</i>	10:30-11:30	4:30-5:30		4:30-5:30	4:30-5:30	9-10 10-11 11:30-12:30	10-11
Mini Tots* <i>Unparented Ages 3-4years</i>						9:15-10 11-11:45	11-11:45
Tots <i>Ages 4-5years</i>	4:30-5:30				5:30-6:30	11:45-12:45	10-11 11:45-12:45
Supertots* <i>Ages 4-6years</i>		1-2:30		1:30-3		10-11:30	
Advanced Supertots* <i>Ages 4-6years</i>						12:45-2:45	
Elite Petites <i>Girls Ages 4-6years</i>						12:45-2:45	
Hot Shots * <i>Boys 5-7yrs</i>						3-5	

Don't forget to check out our upcoming Camps, Special Events, and Kids Night Outs!

Visit www.capcitygym.com for prices, registration, and more info

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mini Team* <i>Girls 6-8yrs</i>	5:30-7:30		4:30-6:30				10:30-12:30
Junior Team* <i>Girls 9+</i>		6-8		6-8		10:30-12:30	
Teen Class <i>Ages 10-15yrs</i>			6:30-8				
Adult Artistic <i>Ages 16+</i>		8:30-10					
Adult T&T <i>Ages 16+</i>			8-9:30				
Burgundy/Red (Badge 1 & 2)	4:30-5:30		6-7	3-4	4:30-5:30	9-10 10-11	10-11 11:30-12:30
Tan* (Badge 3)			7-8:30	4-5:30	5:30-7	9-10:30 11-12:30	11-12:30 1:30-3
Bronze* (Badge 4)	4:30-6			5:30-7		9-10:30 11-12:30	11-12:30
Purple GIRLS* (Badge 5)	5:30-7:30			5:30-7:30			12:45-2:45
Blue GIRLS* (Badge 6)							4:30-6:30
Boys Advanced (Badges 5-12)						10:30-12:30	
Girls Advanced* (Badges 7 - 12)	6-8					11:30-1:30	
T&T Beginner (Steps 1&2)				4-5			10:30-11:30 12:30-1:30
T&T Intermediate* (Steps 4 – 6)					6:30-8:30		1-3

A HUGE thank you to our sponsors!

