

Team Canada Selection Event - Preliminary Schedule (Draft)								
DAY 1: January 9, 2020 (Training and Competition Schedule)								
Technical Meeting (Judges and Coaches) - 13:30-14:00								
Judge Meeting - 14:00-16:00								
PRACTICE		Stretch Floor		Warm-up		Podium		Measurements
Grp #	Routine	Enter	Exit	Enter	Exit	Start	End	Start
1	BAL/DYN	14:00	14:30	14:30	15:00	15:00	15:20	15:25
2	BAL/DYN	14:20	14:50	14:50	15:20	15:20	15:40	15:45
3	BAL/DYN	14:40	15:10	15:10	15:40	15:40	16:00	16:05
4	BAL/DYN	15:00	15:30	15:30	16:00	16:00	16:25	16:30
Break (15 minutes)								
COMPETITION		Stretch Floor		Warm-up		Podium		
Rotn #	Routine	Enter	Exit	Enter	Exit	Start	End	Athletes:
1	BAL	15:40	16:10	16:10	16:40	16:40	16:45	
		15:45	16:15	16:15	16:45	16:45	16:50	
		15:50	16:20	16:20	16:50	16:50	16:55	
		15:55	16:25	16:25	16:55	16:55	17:00	
		16:00	16:30	16:30	17:00	17:00	17:05	
		16:05	16:35	16:35	17:05	17:05	17:10	
		16:10	16:40	16:40	17:10	17:10	17:15	
		16:15	16:45	16:45	17:15	17:15	17:20	
		16:20	16:50	16:50	17:20	17:20	17:25	
		16:25	16:55	16:55	17:25	17:25	17:30	
		16:30	17:00	17:00	17:30	17:30	17:35	
		16:35	17:05	17:05	17:35	17:35	17:40	
		16:40	17:10	17:10	17:40	17:40	17:45	
		16:45	17:15	17:15	17:45	17:45	17:50	
		16:50	17:20	17:20	17:50	17:50	17:56	
16:56	17:26	17:26	17:56	17:56	18:01			
17:01	17:31	17:31	18:01	18:01	18:07			
Break (30 minutes)								
		17:40	18:10	18:10	18:40	18:40	18:45	
		17:45	18:15	18:15	18:45	18:45	18:50	
		17:50	18:20	18:20	18:50	18:50	18:55	
		17:55	18:25	18:25	18:55	18:55	19:00	
		18:00	18:30	18:30	19:00	19:00	19:05	
		18:05	18:35	18:35	19:05	19:05	19:10	
		18:10	18:40	18:40	19:10	19:10	19:15	

Age Groups:	Time on Podium
11-16 WP	20
11-16 WP	
11-16 WP	
11-16 WP	
11-16 WG	20
11-16 WG	
11-16 WG	
11-16 WG	
11-16 WG	20
11-16 WG	
11-16 WG	
11-16 MxP	25
12-18 WP	
12-18 WG	
12-18 MxP	
13-19 WG	

Age Groups:	Routine + Judging
11-16 WP	5
11-16 WP	5
11-16 WP	5
11-16 WP	5
11-16 WG	5
11-16 WG	5
11-16 WG	5
11-16 WG	5
11-16 WG	5
11-16 WG	5
11-16 WG	5
11-16 WG	5
11-16 MxP	5
12-18 WP	5.5
12-18 WG	5.5
12-18 MxP	5.5
13-19 WG	5.5

11-16 WP	5
11-16 WP	5
11-16 WP	5
11-16 WP	5
11-16 WG	5
11-16 WG	5
11-16 WG	5

2	DYN	18:15	18:45	18:45	19:15	19:15	19:20	
		18:20	18:50	18:50	19:20	19:20	19:25	
		18:25	18:55	18:55	19:25	19:25	19:30	
		18:30	19:00	19:00	19:30	19:30	19:35	
		18:35	19:05	19:05	19:35	19:35	19:40	
		18:40	19:10	19:10	19:40	19:40	19:45	
		18:45	19:15	19:15	19:45	19:45	19:50	
		18:50	19:20	19:20	19:50	19:50	19:56	
		18:56	19:26	19:26	19:56	19:56	20:01	
		19:01	19:31	19:31	20:01	20:01	20:07	

11-16 WG	5
11-16 WG	5
11-16 WG	5
11-16 WG	5
11-16 WG	5
11-16 MxP	5
12-18 WP	5.5
12-18 WG	5.5
12-18 MxP	5.5
13-19 WG	5.5

Team Canada Selection Event - Preliminary Schedule (DRAFT)

DAY 2: January 10, 2020 (Training and Competition Schedule)

Judge Meeting -08:00-10:00

PRACTICE		Stretch Floor		Warm-up		Podium		Age Groups:
Grp #	Routine	Enter	Exit	Enter	Exit	Start	End	
1	BAL	8:00	8:30	8:30	9:00	9:00	9:15	11-16 WP
								11-16 WP
								11-16 WP
								11-16 WP
2	DYN	8:15	8:45	8:45	9:15	9:15	9:30	11-16 WG
								11-16 WG
								11-16 WG
								11-16 WG
3	DYN	8:30	9:00	9:00	9:30	9:30	9:45	11-16 WG
								11-16 WG
								11-16 WG
								11-16 WG
4	DYN (11-16)/ COMB	8:45	9:15	9:15	9:45	9:45	10:00	11-16 MxP
								12-18 WP
								12-18 WG
								12-18 MxP
								13-19 WG

Break (15 minutes)

COMPETITION		Stretch Floor		Warm-up		Podium		Athletes:
Rotn #	Routine	Enter	Exit	Enter	Exit	Start	End	
1	BAL	9:15	9:45	9:45	10:15	10:15	10:20	
		9:20	9:50	9:50	10:20	10:20	10:25	
		9:25	9:55	9:55	10:25	10:25	10:30	
		9:30	10:00	10:00	10:30	10:30	10:35	
2	DYN	9:35	10:05	10:05	10:35	10:35	10:40	
		9:40	10:10	10:10	10:40	10:40	10:45	
		9:45	10:15	10:15	10:45	10:45	10:50	
		9:50	10:20	10:20	10:50	10:50	10:55	
		9:55	10:25	10:25	10:55	10:55	11:00	
		10:00	10:30	10:30	11:00	11:00	11:05	
		10:05	10:35	10:35	11:05	11:05	11:10	
		10:10	10:40	10:40	11:10	11:10	11:15	
3	COMB	10:20	10:50	10:50	11:20	11:20	11:25	
		10:25	10:55	10:55	11:25	11:25	11:31	
		10:31	11:01	11:01	11:31	11:31	11:36	
		10:36	11:06	11:06	11:36	11:36	11:42	

Selection Panel Meeting (11:45-12:30)

