

Gym Power ICE 2020 Schedule

REV. 1.0

	Thursday-9 Jan 2020	Friday-10 January 2020	Saturday-10 January 2020	Sunday-12 January 2020			
	ACRO	WAG	ACRO	WAG	WAG		
730	GYM SET-UP				Athlete Check-In	730	
745							745
800				ACRO Competition		Session W6	800
815						Warmup 8:00-8:15am	815
830					Athlete Check-In	Competition 8:25-10:00am	830
845							845
900					Session W3		900
915					Warmup 9:00-9:15am	JO Level 1,2	915
930					Competition 9:25-11:30am	(18) (44)	930
945						(62)	945
1000					JO Level 7	AWARDS	1000
1015					(21)		1015
1030						Session W7	1030
1045						Warmup 11:00-11:15am	1045
1100				AWARDS	Competition 11:25-1:30pm	1100	
1115						1115	
1130				Session W4		1130	
1145				Warmup 12:00-12:15pm	JO Level 3	1145	
1200				Competition 12:25-3:00pm	(47)	1200	
1215						1215	
1230				JO Level 8 & Aspire 1 & 2		1230	
1245				(17) & (11) & (4)		1245	
100				(32)	AWARDS	100	
115		Athlete Check-In				115	
130						130	
145						145	
200	ACRO Competition	Session W1			Session W8	200	
215		Warmup 2:00-2:15pm			Warmup 2:15-2:30pm	215	
230		Competition 2:25-5:00pm			Competition 2:40-4:30pm	230	
245						245	
300		JO Level 6		AWARDS	JO Level 4, 5	300	
315		(59)			(68)	315	
330				Session W5		330	
345				Warmup 3:30-3:50pm		345	
400				Competition 4:00-7:00pm		400	
415				Event Finals		415	
430				JO Level 9		430	
445				JO Level 10	AWARDS	445	
500		AWARDS		Novice		500	
515				JR		515	
530		Session W2		SR		530	
545		Warmup 5:30-5:50pm				545	
600		Competition 6:00-9:00pm				600	
615						615	
630		JO Level 9 (24)				630	
645		JO Level 10 (9)				645	
700		Novice (3)				700	
715		JR (2)				715	
730		SR (1)				730	
745		(39)				745	
800						800	
815						815	
830						830	
845						845	
900		AWARDS				900	
915						915	
930		AWARD AA FOR ONLY 9 & 10				930	
945		top 8				945	